

CONTEMPORARY



- Develop correct technique associated with contemporary style
- Awareness of the body and how it will move through space
- Develop strength, control, musicality & artistry
- Structure a good understanding of the alignment of the body
- Develop a unique body movement language through self expression
- Relates students to their view of the world & develops ability to express this through dance
- Develop skills associated with bodyline, strength and flexibility
- Develop understanding of fundamental components of the contemporary style

Initiating a solid base and knowledge to prepare for tertiary training in contemporary

Dance  Dynamics

Andrea Dalton

To Dance is to Dream ...